

## AYUSH MEDICINE AWARENESS PROGRAMME

AYUSH Medicine awareness program has been organized in our college on 12.02.2018; The chief guest DR.S.kamaraj., BSMS., from district siddha medicine officer in trichy, karur, ariylur, perambalur. AYUSH is the acronym of the medical systems that are being practiced in India such as Ayurveda, Yoga & Naturopathy, Unani, Siddha and Homeopathy. These systems are based on definite medical philosophies and represent a way of healthy living with established concepts on prevention of diseases and promotion of health. short note address delivered on Dr.Selvakumar., BAMS, Ayurveda Medicine officer from government hospital in trichy. The basic approach of all these systems on health, disease and treatment are holistic. Because of this, there is a resurgence of interest on AYUSH systems. Yoga has now become the icon of global health and many countries have started integrating it in their health care delivery system. Dr.Gunasekaran., BSMS, Siddha Medicine officer from government hospital in Ammapalaiyam, Similarly there is great curiosity to understand the principles and practice of Ayurveda, Homeopathy, Siddha and Unani especially due to growing challenges in medicine in Non Communicable Diseases (NCDs), Life style disorders, long term diseases, multi drug resistant diseases, emergence of new diseases etc. . In 1995, with the objective of optimal and focused development of these systems, the Department of Indian Medicine and Homeopathy (ISM & H) was created in the Union Ministry of Health and Family Welfare. In 2003, this Department was re named as Department of AYUSH.



Dr. Ragulji., BHMS, Homeopathy Medicine officer from government hospital in perambalur. The homeopathic medicines are distinct in the way they are prepared and applied. A small presentation by Life Force about sources of homeopathic medicines. Dr.M.Ekramulla., BUMS, Unani Medicine officer from government hospital perambalur. Unani medicine, also called Unani tibb, Arabian medicine, or Islamic

medicine, a traditional system of healing and health maintenance observed in South Asia. The origins of Unani medicine are found in the doctrines of the ancient Greek physicians Hippocrates and Galen.

